



**Tuesday, March 4, PM Workshop 1**

Building Bridges as Cultural Humility and Responsive Care

**Speaker:** Chanté Meadows, Ph.D., LISW-S

**Dr. Chanté Meadows** is the Founder and CEO of Meadows Counseling Group, a successful mental health practice with a diverse team specializing in various mental health challenges. The practice emphasizes culture, diversity and trauma, attracting individuals from underrepresented communities facing systemic issues related to race, identity and marginalization.

Meadows is a therapist specializing in BIPOC individuals, women and clients facing life transitions, relationship issues, anxiety and depression. Her collaborative, person-centered approach utilizes various evidence-based therapies to meet each client's unique needs.

Meadows is a dedicated educator and lecturer at The Ohio State University's College of Social Work, mentoring future social workers. She serves as Board President for the National Association of Social Workers, Ohio Chapter, advocating for progressive policies and enhanced mental health resources in the state.