



Roundtable Discussions

March 5, 2025 | 7:30 - 8:00 a.m.

Table 1: Promoting independence and aging in place

Mackenzie Williams, Global Meals

- Exploring how home-delivered meals enable older adults to age in place and maintain independence.
- Discuss how access to nutritious meals at home reduces the need for cooking and grocery shopping, allowing older adults to stay in familiar and comfortable environments.

Table 2: Energy choice

Marion Byndon, State Government Affairs Director, Duke Energy Ohio/Kentucky

Table 3: Product demonstration

David Lukens, VRI/Guardian Medical Monitoring

Table 4: Structured family caregiving with Careforth's approach to delivery. What we do and who we help.

Careforth Representative

Table 5: Medicare changes

Melita McGill, Broker Sales Manager for Cincinnati, Dayton and NKY, Devoted Health

Table 6: Healthy Living for Your Brain: Everyday actions we can take to reduce our dementia risk

Dayna Ritchey, Program Director, Alzheimer's Association, Greater Cincinnati and Miami Valley Chapters

Table 7: Building a "value-focused" resume rather than a list of work experience. People pay for the value we bring to an organization, not what we've done in the past.

Alicia Speed, HR Staffing Partner, Council on Aging

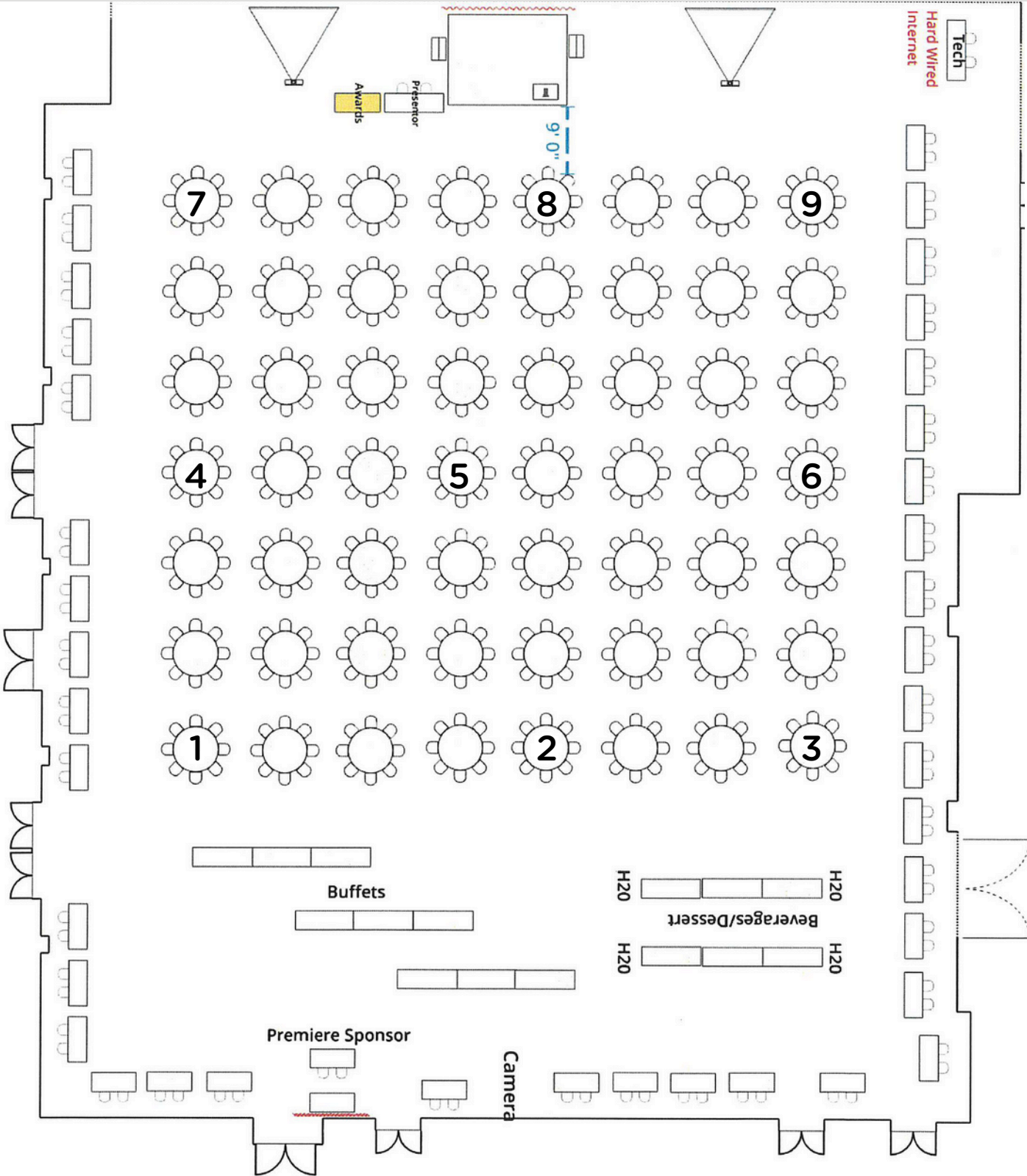
Table 8: How health and wellness programs improve health outcomes and reduce social isolation

Judy Eschmann, Vice President of Community and New Business Operations, Council on Aging

Table 9: AddnAide product demo: Tapping the efficiency of technology and the connectivity of social media to help more individuals participate in self-directed care.

Jai'La Nored, Senior Innovation Designer, Innovation and New Business, Council on Aging

2025 Forum on Aging presented by Global Meals



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